

Introduction to cross-sectoral lifelong guidance policy and practice in Finland 7.-8.11.2006 Jyväskylä

Workshop:

Initial and in-service training
of practitioners and research
in the field of guidance in
Finland

CAREER COUNSELLOR EDUCATION AT THE UNIVERSITY OF JOENSUU

Marjatta Vanhalakka-Ruoho

CAREER COUNSELLOR EDUCATION in JOENSUU

- at the department of Education and Adult education
- in the faculty of Education
- in close co-operation with the faculty of Social Sciences and Regional Studies
- within the first strength area of Joensuu University: Education and Human Development

Career counsellor education qualifies to act as...

a student (study) counsellor

- at schools (comprehensive schools, upper secondary schools and according to one's studies, vocational schools)
- in polytechnics and universities

a career counsellor in adult education
and workplaces

Career counsellor education is organized in the form of three programmes

1) A Bachelor's and Master's degree programme

- our main programme
- study places for 20 students/year
- $180+120=300$ ECTS
- duration of studies four to five years

Career Counsellor Education Programme: A Bachelor's and Master's degree

- ❖ three major subjects:
 - counselling oriented educational science
 - counselling oriented sociology of education
 - counselling oriented adult education
- ❖ minor subject
- ❖ pedagogical studies for teacher qualification
- ❖ language and communication studies

Career Counsellor Education is organized in the form of three programmes

2) Counselling studies as minor subject:

- counselling studies can be integrated in a Master's program as a minor subject
- 60 ECTS
- study places for 10 students/year
- duration of studies two years

Education is organized in the form of three programmes

3) Work-based training programme (multi-modal)

- 60 ETCS
- study places for 25 students/ programme
- the applicants have a master's degree and teacher qualifications
- duration of studies one and half a years

The programmes in the future?

- Bachelor's and Master's degree programmes (4-5 years)
- Master's programme (2 years) in career guidance and counselling
- basic studies (25 ECTS) in guidance and counselling for becoming teachers and students of different faculties

The curriculum of all programmes is competence-based

Core competencies to be promoted

- ❖ interpersonal competences
- ❖ ethical competences
- ❖ narrative competences
- ❖ competences of using language and ICT as cultural tools

The curriculum is in all programmes competence-based

- ❖ sociological and culture-sensitive competences
- ❖ planning competences
- ❖ reflective competences
- ❖ competences of scientific thinking, research and developmental work

Basic processes and themes in career counselling education

- ❖ life-course perspective: the psychological and sociological theory of careers and development
- ❖ society, educational system and working life as dynamic contexts for guidance and counselling
- ❖ educational theories of teaching and learning

Basic processes and themes in career counselling education

- ❖ theories of guidance and counselling
- ❖ guidance and counselling as professional practices
- ❖ scientific thinking and research practices including studies in research methodology and bachelor's and master's thesis

Practical training - an important part of the programmes

the main periods of practical training

- ❖ orientative
- ❖ basic
- ❖ applied
- ❖ advanced

Practical training

schools (comprehensive schools, vocational schools and upper secondary schools) are main contexts, but other contexts are available, i.e.

- polytechnics and universities
- employment offices and consulting centers
- units of international guidance and counselling

In-service training...

- **school counsellors and teachers** in comprehensive schools, vocational schools and upper secondary schools: within Career Guidance Development project and CHANCES -project - Developing career counselling services to prevent exclusion of young people
- **teachers in adult education institutions:** basic guidance and counselling skills in adult education

In-service training...

- other professionals working in guidance and counselling: i.e. employment offices, rehabilitation centers
- special themes: gender sensitive counselling, group counselling

Postgraduate degrees and programmes in the faculty of Education

- Licentiate's degree
- Doctor's degree

- LiCC-postgraduate programme:
Life and Counselling in Context
in co-operation with the
Department of Psychology

Research themes of postgraduate students i.e.

- career guidance training and rehabilitation
- theories-in-use of career counsellors
- teachers' conceptions of guidance and counselling
- narratives of life-course from prison to freedom
- the 'new career' routes from university to working life

Our research themes

- ❖ counselling process and methods (i.e. counselling conversation, group counselling)
- ❖ gender- and culture-sensitive counselling (i.e. Choices-project)
- ❖ worklife guidance and counselling
- ❖ counselling and rehabilitation

Career Counselling Education in the University of Joensuu

... is involved in one of the eight
centers of expertise:

The Centre for Social and Cultural Research on Education

- in co-operation with the
Departments of Sosiology,
Psychology and Law
- with the theme 'Transforming
the Learning Society'

Forthcoming research projects

- Encountering uncertainty and change by group guidance and counselling in innovative society
 - schools & higher education & workplaces as contexts
- Generation settings and counselling relationships