Career and Guidance Studies at the Faculty of Psychology

Historical Notes

- Career and Guidance Psychology studies play an important role at the Faculty of Psychology (University of Lisbon).

- Lead role of Faculty of Psychology in the implementation of the Educational and Guidance Psychology Services (SPO) at schools in the 80's

- Since then an important role in the training of psychologists in this domain

Structure of the Psychology Program at the University of Lisbon

- Since the Bologna restructuration Vocational Psychology and Guidance subjects are present at the Psichology program in two different master areas:

Psychology

1st Cycle

Psychological Sciences

(3 years)

Psychology of Education and Guidance

Psychology of Human Resources, Work and Organizations

Clinical and Health Psychology

Applied Social Cognition.

Psychology of Education and Guidance

- **Curricular Units – Master Level**

- *Psychological Interventions in Educational Settings*
  Topics: Psychological Services in educational contexts; Organization and aims; Individual and group interventions in educational settings

- *Vocational Psychology*
  Topics: Theoretical perspectives on Vocational Psychology; Application fields ; Individual and group interventions

- *Psychological Assessement in Guidance*
  Topics: Assessment perspectives in career counseling across the lifespan; Qualitative and quantitative assessment methods

- *Vocational Counseling*
  Topics: Models and techniques of vocational and career counseling; Career counseling with different populations

Psychology of Human Resources, Work and Organizations

- **Curricular Units – Master Level**

- *People, Work and Organizations*

- *Strategic Development of Human Resources*

- *Personal Development and Career Counseling*

- *Models and Interventions in Career Development and Management*

Psychology of Education and Guidance

- ## Practice and Master Dissertations

- In the second year of the Master Course students have a practice experience in a professional setting (30 ECTS). The master dissertation is a empirical research work that is developed also in the second year of the Master Course (18 ECTS).

- Practice Settings:
- Services of Psychology and Guidance (Basic and Secondary Schools); Services for Student Employability (Universities); Services of Guidance (IOP; IEFP)
- Human Resources Settings in Organizations

Psychology of Education and Guidance

- **Master Dissertations in Psychology of Education and Guidance**

- *Some Research Themes:*

- Career development – process and dynamics

- Personal and Contextual factors in career development

- Conception, adaptation and validation of vocational assessement instruments

- Conception, adaptation and validation of career interventions

Psychology of Education and Guidance

- **Dissertations (examples):**
- Time perspective and school engagement in 9th grade students (Nobre, 2009).
- Friends support and career planning and exploration attitudes (Costa, 2010)
- Self-Efficacy Beliefs and Parental Expectations of Students in 7th year (Lopes, 2010)

- Beliefs of self-efficacy and social support on the transition to work (Samsudim, 2009)
- Self-concept domains, values and role salience in college students (Barros, 2007)

- The assessment of interests as a source of self-efficacy in career decision-making (Agostinho, 2008).
- Relations between employability dimensions and personality factors (Policarpo, 2010).

- Yesterday, today and tomorow: Evaluation of a time perspective program (Neto, 2010).
- Windows for the future: Assessement of a software for vocational exploration (Martins, 2010).
- Design, Implementation and Evaluation of a Vocational Guidance Program for Socio-professional integration (Galvão, 2010)
- A program of career planning for students in the 9th grade (Calado, 2010).

Other Pos-graduate Studies

- **Pos-graduate course for psychologists:**

- Assessement and Psychological Interventions in Educational Contexts

- **Doctoral Studies**:

- Career Development

- Human Resources

- Educational Psychology